

## Thursday, September 10, 2020

4:00p – 6:00p	Vendor Setup
6:00p – 8:00p	Pre-registration / Meet-and-Greet

## Friday, September 11, 2020

7:30 – 8:30	Registration / Showroom Open
8:30 – 9:00	Opening Session
9:00 – 10:00	General Session 1: Elly Taylor – Supporting the Couple Relationship to Reduce Risks for Perinatal Trauma
10:00 – 2:00	Registration / Showroom Open
10:30 – 11:30	General Session 2: Dr. Kristen Guillory – Self Care is not Selfish
11:30 – 1:00	Lunch on Your Own
1:00 – 1:50	Optional Session <b>Red</b> : Laura Nance – How to Listen so Others Will Speak: Effective Communication Skills for the Birth Worker
2:00 – 2:50	Optional Session <b>Yellow</b> : Tonya Sakowicz – Food Allergies and Newborns: What You Need to Know
3:00 – 3:50	Optional Session <b>Pink</b> : Kim Vopni – Rethinking the Six Week “Green Light”: Postpartum Recovery Practices for the Pelvic Floor and Abdominal Wall
4:00 – 4:50	Optional Session <b>Blue</b> : Kimberly Bepler – Demystifying Babies: Teaching Parents to Understand their Infants for Confident Connection
7:00 – 10:00	Social Event Networking @ 7pm   DJ & Dancing @ 8-10pm

## Saturday, September 12, 2020

8:00 – 9:00	Registration / Showroom Open
9:00 – 10:00	General Session 1: Esther March-Singleton – Why Breastfeeding Should be a Public Health Concentration
10:00 – 2:00	Registration / Showroom Open
10:30 - 11:30	General Session 2: Rachel Hess – Supporting LGBTQ/T Families: Understanding Identity in the Perinatal Period
11:30 – 11:40	CBR Presentation
11:40 – 1:00	Lunch on Your Own
1:00 – 1:50	Optional Session <b>Purple</b> : Christy Jo Hendricks – How to Create an Awesome Prenatal Breastfeeding Class
2:00 – 2:50	Optional Session <b>Light Green</b> : Elaine Cavazos – Perinatal Mental Health: Identification, Interventions & Community Engagement
3:00 – 3:50	Optional Session <b>Dark Green</b> : Elaine Cavazos – Perinatal Mental Health: Biopsychosocial Assessment
4:00 – 4:50	Optional Session <b>Black</b> : Katie Nyberg – Beyond Baby Expos & Business Cards

## Sunday, September 13, 2020

9:00 – 9:30	Conference Closing Session: Wrap-up and Next Location Reveal!
9:30 – 10:30	General Session 1: Lyndsey Hookway – Slow Down, Speak Softly, Stress-free: How Calm, Confidence and Connection Improves Sleep
10:30 – 11:30	General Session 2: Felisha Floyd – Centering Cultural Humility in Practice